THE PRIORITIES OF

good sound for flute and piccolo

3 EMBOUCHURE

- ADDS FINESSE AND STRUCTURE TO THE AIRSTREAM
- CAN LET GO WHEN AIR + SET-UP ARE GOOD, MEANING FLEXIBILITY IS DEPENDENT ON 1 + 2
- THE NEED TO SQUEEZE HERE TO CREATE TONE = A NEED TO REDISTRIBUTE EFFORT TOWARDS AIRSTREAM
- FREEING THE LOWER LIP AND CORNERS CREATES SUPPLENESS + ALLOWS FOR GREATER CONTROL

2 INTERNAL SET-UP

- THE FRONT OF THE THROAT = THE BACK OF THE TONGUE
- THE BASE OF THE TONGUE LIES IN THE JAW, THEREFORE, HOW YOU USE YOUR JAW INFLUENCES HOW YOU USE THE TONGUE
- HOW YOU USE YOUR JAW ALSO INFLUENCES THE LIPS + SINUSES OF THE FACE AS RESONATORS
- SPACE BETWEEN TEETH = JAW MOVEMENT
- THE TONGUE CREATES VOWEL SHAPES
- THE TONGUE + SOFT PALATE ARE THE FLOOR + CEILING OF RESONANCE BEFORE AIR LEAVES THE MOUTH

1 AIRSTREAM

- QUALITY OF BREATH = QUALITY OF SOUND
- BREATH = INHALE + EXHALE
- QUALITY OF BREATH IS AT THE MERCY OF THE BODY AS A WHOLE
- ALIGNMENT, BALANCE + GROUNDING OF THE WHOLE = EFFICIENT BREATH + BODY BECOMES A RESONATOR
- UNDERSTANDING OF THE BREATHING STRUCTURES = UNDERSTANDING BREATH + SUPPORT